



NOVA

University of Newcastle Research Online

nova.newcastle.edu.au

Palliser, H. K.; Yates D. M.; Hirst, J. J. "Progesterone receptor isoform expression in response to in utero growth restriction in the fetal guinea pig brain". Originally published in Neuroendocrinology Vol. 96, p. 60-67 (2012)

Available from: <http://dx.doi.org/10.1159/000335138>

Accessed from: <http://hdl.handle.net/1959.13/1059251>

1 **Progesterone receptor isoform expression in response to in utero**
2 **growth restriction in the fetal guinea pig brain**

3
4 HK Palliser, DM Yates, JJ Hirst

5
6 Mothers & Babies Research Centre and School of Biomedical Sciences,
7 University of Newcastle, NSW, Australia.

8
9 Short title: Growth restriction and brain PR isoforms

10
11 Correspondence: Hannah K Palliser, PhD
12 Mothers & Babies Research Centre
13 Level 3 John Hunter Hospital
14 Locked Bag 1
15 Hunter Region Mail Centre
16 NSW 2310, Australia
17 Email: Hannah.Palliser@newcastle.edu.au
18 Phone: +61 2 4985 5642
19 Fax: +61 2 4921 4394

20
21 Keywords: Intrauterine growth restriction
22 Progesterone receptor
23 Compromised pregnancy
24 Fetal development
25 Perinatal brain injury
26 Neurosteroids

27

28 **ABSTRACT**

29 Intrauterine growth restriction (IUGR) is a significant in utero complication that
30 can have profound effects on brain development including reduced myelination
31 and deficits that can continue into adulthood. Progesterone increases
32 oligodendrocyte proliferation and myelin expression, an action that may depend
33 on the expression of progesterone receptor (PR) isoforms A and B. The
34 objective of this study was to determine the effect of IUGR on PR isoform
35 expression in the brain of male and female fetuses and if effects were
36 associated with a reduction in myelination.

37 We used a guinea pig model that involves selective reduction in maternal
38 perfusion to the placenta at midgestation (35 days, term 70d). This resulted in
39 significant reduction in body weight with marked sparing of brain weight. PRA,
40 PRB and myelin basic protein (MBP) expression were measured in the brains of
41 male and female growth restricted and control fetuses at late gestation.

42 MBP, as a measure of myelination, was found to decrease in association with
43 IUGR in the CA1 hippocampal region with no change observed in the cortical
44 white matter. There was a marked increase in PRA, PRB and total PR
45 expression in the IUGR fetal brain. Control female fetuses demonstrated
46 significantly higher PRA:PRB ratio than males, however this sex difference was
47 abolished with IUGR.

48 These data suggest the central nervous system effects of clinical use of
49 progesterone augmentation therapy in late pregnancy should be carefully
50 evaluated. The overall upregulation of PR isoforms in association with IUGR
51 suggests increased progesterone action and a possible neuroprotective
52 mechanism.

53 **INTRODUCTION**

54 Intrauterine growth restriction (IUGR) is the failure of an infant to reach its full
55 growth potential and is estimated to occur in up to 5% of all pregnancies (1).
56 IUGR commonly results from placental insufficiency and a reduction in the
57 supply of oxygen and nutrients to the developing fetus. Whilst IUGR is a major
58 stressor that increases the risk of perinatal mortality (2), a large proportion of
59 these infants are also delivered without any apparent trauma or brain injury.
60 However, clinical evidence suggests that many IUGR babies have impaired
61 neurodevelopment that may not be identified until school age or beyond (3-5).

62

63 Progesterone has been implicated in a variety of functions in the brain including
64 maternal behaviour, learning and memory, mood, sexual differentiation and
65 stimulation of myelin growth and neuroprotection (6-11). Recent studies have
66 focused on progesterone's role in neuroprotection as a precursor of the 5 α -
67 reduced metabolite allopregnanolone, which exerts its neuroprotective effects
68 via GABA_A receptors (12, 13). We have recently shown that inhibition of
69 allopregnanolone production due to in utero steroid exposure or pharmacologic
70 inhibition results in reduced myelination in the fetal guinea pig brain (14, 15).
71 However, growing evidence suggests that progesterone itself has direct
72 neuroprotective actions on the brain after traumatic brain injury, stroke and
73 motoneuron degeneration particularly as a promyelinating agent (7-10).
74 Progesterone stimulates the myelination of axons during development and the
75 regeneration of myelin after injury (16-18) by inducing the proliferation and
76 differentiation of oligodendrocytes and the stimulation of myelin production. This
77 involves increased survival of oligodendrocytes, increased myelin basic protein
78 (MBP) positive oligodendrocytes, stimulation of proliferation of oligodendrocyte

79 precursor cells (OPCs) and subsequent acceleration of their maturation into
80 myelinating oligodendrocytes (18-20). These effects are reportedly mediated by
81 the direct action of progesterone on the progesterone receptor (PR) as they are
82 not seen in PR knockout mice (21). Furthermore, in support of PR mediated
83 regulation of myelination, MBP expression in rat and mouse brain slices is
84 increased by the selective PR agonist R5020 and abolished with RU486, a PR
85 antagonist (21). IUGR can have many adverse effects in the fetal brain
86 including reduced myelination which may occur due to a reduction in the
87 number of myelinating oligodendrocytes or the reduced capacity of these
88 oligodendrocytes to produce myelin (22, 23). Complications during pregnancy,
89 such as IUGR, may disrupt expression of PR isoforms and hence affect
90 progesterone action in the developing brain.

91

92 Progesterone action is regulated by two PR isoforms derived from a single
93 gene: the N-terminally truncated PRA (80-90kDa) and the full length PRB (100-
94 120kDa). Whilst structurally related and holding similar steroid hormone and
95 DNA binding activities, the isoforms exhibit divergent transactivational
96 properties and are functionally distinct (24, 25). The expression and functional
97 role of the PR isoforms have been explored in a number of species with
98 conflicting findings. In vitro studies suggest PRB to be functionally and
99 transcriptionally active whilst PRA acts to inhibit the actions of PRB (25),
100 however in vivo data is more equivocal. Whilst recent studies have centered on
101 the individual role of these isoforms in normal physiological regulation of
102 reproductive function and behaviour, the specific role of each isoform in
103 neuroprotection and myelination has not been explored. The expression of PR
104 isoforms are developmentally regulated in many regions of the male and female

105 rat and chick brain (26-30) suggesting a critical role in neural development.
106 Specifically, the transient expression of PR in the hippocampus and cortex of
107 the developing rat suggests a fundamental role in cognition, memory and
108 learning.

109

110 Like humans, guinea pigs give birth to neuroanatomically mature offspring (31)
111 and maintain high circulating progesterone levels throughout gestation (32)
112 offering a suitable model in which to examine the role of PR isoform interactions
113 in brain development and injury in fetal and neonatal life. Lafeber and
114 colleagues were the first to apply the model of bilateral uterine artery ligation in
115 mid-pregnancy to restrict growth of the placenta and fetuses in the guinea pig
116 (33). An adaptation of this model that reduces the in utero death rate but
117 maintains growth restriction of fetuses has recently been developed (15, 34).
118 The restriction of maternal blood flow to the placenta leads to a decrease in
119 oxygen and substrate supply and subsequently results in a hypoglycaemic,
120 hypoxic, IUGR fetus (35, 36). There is considerable evidence that immature
121 oligodendrocytes are highly susceptible to hypoxic-ischemic injury. This may
122 have profound effects on neuronal development and may be regulated by
123 disrupted PR expression (37-40).

124

125 In this study we examined the effect of IUGR on PR isoform expression and
126 MBP immunostaining, as an indicator of myelination, in an area of the brain
127 containing the hippocampus and cortex in the late gestation male and female
128 fetal guinea pig. We hypothesise that IUGR alters PR isoform expression and
129 reduces myelination.

130

131 **MATERIALS AND METHODS**

132 **Animals**

133 Outbred tri-color guinea pigs were time mated at the Research Support Unit of
134 the University of Newcastle, Australia. All animal work was carried out in
135 accordance with the University of Newcastle Animal Care and Ethics
136 Committee. Surgery was performed at day 32-35 of gestation (term 70 days)
137 under 1-3% isoflurane in medical grade E.P. oxygen. In order to establish
138 placental insufficiency and subsequent IUGR in guinea pig fetuses (IUGR, n=7
139 male, n=8 female), a modification of the method of Turner and Trudinger was
140 used (34). Briefly, the uterine horns were exposed and the fat pad manipulated
141 to identify the uterine artery and the branches (spiral arteries) feeding each
142 placental site. Diathermy was used to ablate approximately half the arteries
143 supplying each placenta. Sham surgeries were performed in order to obtain
144 control fetuses (control, n=7 male, n= 5 female). Dams were monitored daily
145 until euthanasia at day 65 of gestation by CO₂ inhalation. Fetuses were
146 removed from the uterus, sexed, body and organ weights recorded and brains
147 collected. The brains were hemisected and coronal cuts made to divide each
148 hemisphere into rostral, middle and caudal blocks. The middle block was used
149 in the current study and contained cerebral cortex, subcortical white matter,
150 corpus callosum, thalamus and the hippocampus. The right hemisphere was
151 processed for subsequent immunoblotting (stored at -80°C) and the left
152 hemisphere processed for immunohistochemistry (postfixed in 4%
153 paraformaldehyde). There were 5-7 dams per group, with only one dam (litter)
154 being represented by two fetuses per sex.

155

156

157 **Western blotting**

158 Frozen brain samples (middle blocks as described above) were pulverized on
159 dry ice and protein extracted. Briefly, samples (0.1mg) were homogenized in
160 1ml ice cold buffer (50mM Tris-HCl (pH7.5), 150mM NaCl, 1% NP-40, 0.5% Na
161 Deoxycholate, 0.1% SDS) containing Complete Protease Inhibitor Cocktail and
162 PhosphoSTOP Phosphatase Inhibitor Cocktail (Roche Diagnostics, Castle Hill,
163 Australia). After centrifugation, the supernatant was removed and protein
164 content determined using colorimetric detection and quantitation (Pierce Protein
165 Assay kit, ThermoFisher Scientific, Rockford, USA). Protein (110 μ g) was
166 separated using 10% Bis-Tris polyacrylamide pre cast gels (Invitrogen, Mt
167 Waverley, Australia) and transferred to PVDF (Hybond-P, GE Healthcare,
168 Sydney, Australia) by electroblotting. Membranes were then blocked in 5%
169 skim milk in TBST (25mM Tris-HCl, 15mM NaCl, 0.1% v/v Tween-20) at room
170 temperature for 1 hour. Membranes were incubated overnight at 4°C in a 1:100
171 dilution of PR antibody (MAI-410, Affinity Bioreagents, Thermo Fisher Scientific)
172 in TBST containing 5% skim milk. After washing in TBST, the membranes were
173 incubated in a 1:1000 dilution in 5% skim milk in TBST of anti-mouse IgG (HRP-
174 conjugated, Zymed, Invitrogen) for 2 hours at room temperature. The immune
175 complexes were visualized using SuperSignal West Pico chemiluminescent
176 substrate (Pierce, Thermo Fisher Scientific) detection system and captured
177 using the LAS-3000 Imaging System (Fuji Photo Film, Tokyo, Japan). Pre-
178 adsorbed antibody-peptide (MA1-410 neutralizing peptide, Affinity Bioreagents)
179 controls were run to determine specificity of PR isoform detection in the guinea
180 pig brain (Figure 1A). Relative amounts of PRA (80kDa) and PRB (100kDa)
181 were quantified by optical density analysis using Multi Gauge v2.4 software

182 (Fuji, Photo Film) after stripping and reprobing for β -actin (ab8227, Abcam,
183 Cambridge, USA). The densities of the bands were determined and normalized
184 with respect to corresponding β -actin background corrected values and
185 subsequently to an internal/positive control (myometrium) to allow for
186 comparison between blots. The PR ratio (PRA:B) is an arbitrary unit calculated
187 on an individual animal basis using the paired PRA and PRB protein expression
188 values.

189

190 **Immunohistochemical detection of Myelin Basic Protein**

191 Regions of brain containing the hippocampus and cortex were embedded in
192 paraffin wax and 8 μ M thick coronal sections were cut (Leica RM2145
193 Microtome, Leica Microsystems, North Ryde, Australia). Sections were treated
194 with 0.3% H₂O₂ to quench endogenous peroxidase activity and incubated in
195 Revealit-AG Antigen Recovery solution (ImmunoSolution, Newcastle, Australia).
196 Sections were blocked (0.5% BSA, 0.05% Saponin, 0.1M PBS pH7.2) for 1 hour
197 at room temperature prior to overnight incubation in primary antibody (M9434,
198 Sigma Aldrich, St Louis, USA) used at a dilution of 1:2000. After extensive
199 washing in PBS, sections were incubated in biotinylated anti-rat secondary
200 antibody (B7139, Sigma Aldrich; 1:300) for 5 hours followed by overnight
201 incubation with streptavidin-biotin-HRP complex (GE Healthcare) at a dilution of
202 1:300. Labelling was revealed using DAB (3,3'-diaminobenzidine; Sigma, St
203 Louis, USA) as a chromogen. Sections were coverslipped using Microscopy
204 DPX (Merck, VIC, Australia). Control sections in which an equal amount of rat
205 IgG was substituted for primary antibody were included and were routinely
206 negative. Immunolabelled sections were viewed with a microscope (Zeiss
207 Axioskop, Germany) and images acquired with a digital camera (Spot 2.20RT,

208 Diagnostic Instruments, USA). Digital images were imported into densitometric
209 analyses software (ImageJ 1.40, National Institutes of Health, Bethesda, USA),
210 binarized by threshold adjustment and percent area coverage measured in four
211 fields of view from two sections per animal in each of the two regions of interest:
212 the hippocampal CA1 and the subcortical white matter.

213

214 **Statistical analyses**

215 Data are shown as mean \pm SEM. All data were analyzed using SPSS statistical
216 software (Version 18, SPSS Inc., Chicago, IL, USA). Two way ANOVAs were
217 performed to determine the effect of IUGR and sex. When an interaction was
218 identified, bonferroni post hoc analysis was performed. Spearman correlations
219 were performed to assess the relationship between growth parameters, PR and
220 MBP expression. $P < 0.05$ was considered to be statistically significant.

221

222

223 **RESULTS**

224 **Induction of IUGR**

225 IUGR fetuses had significantly lower body weight ($P<0.001$), nose-rump length
226 ($P<0.001$), placental weight ($P<0.001$), liver weight ($P<0.001$), heart weight
227 ($P<0.001$) and BLR ($P=0.003$) compared to the control fetuses (Table 1). No
228 effect of sex, nor interaction of sex and IUGR, was identified in any
229 measurements. Brain weight was not found to significantly change with either
230 IUGR or sex.

231

232 **PR isoform and ratio expression in the fetal IUGR brain**

233 PRA expression demonstrated a significant effect of IUGR ($P=0.032$; Figure 1B)
234 in the guinea pig brain. This affect was most evident in the male fetuses who
235 demonstrated increased PRA expression with IUGR. PRB protein expression
236 also demonstrated a significant effect of IUGR ($P=0.022$; Figure 1C) with a
237 greater rise in expression seen in female fetuses. A significant effect of sex
238 ($P=0.004$; Figure 1D) was identified in PRA:B expression, whereby female
239 brains demonstrate a greater PRA:B ratio than the male fetuses. There was
240 also a significant interaction of sex and IUGR ($P=0.003$) with respect to PRA:B.
241 Post hoc analysis revealed PRA:B was greater in control female than male
242 brains whilst this affect was not seen in IUGR brains where PRA:B ratios were
243 not different between sexes. Total PR expression was significantly affected by
244 IUGR ($P=0.032$; Figure 1E), whereby expression levels increased in IUGR
245 fetuses. Whilst no sex effect was identified, this increase was most evident in
246 male fetuses.

247

248 **MBP expression**

249 MBP expression in the CA1 region of the hippocampus was significantly
250 decreased with IUGR ($P=0.033$; Figure 2A (region represented by thick dashed
251 boxes) 2C & 2E) with no effect of sex. Quantification of MBP expression in the
252 cortical white matter showed no significant effect of IUGR or sex despite a trend
253 for less expression in females with IUGR that did not reach significance
254 ($P=0.08$; Figure 2A (region represented by solid boxes), 2D & 2F). Qualitative
255 assessment of the organization of MBP positive (MBP+) stained axons in the
256 cortical white matter indicated fewer MBP+ axons (Figure 2A (region
257 represented in inset image by fine lined dashed boxes) and 2B).

258

259 Correlations between body weight, BLR, nose-rump length, MBP and PR
260 expression revealed a significant positive correlation between MBP expression
261 in the CA1 region and fetal body weight ($r = 0.446$, $P= 0.043$) and fetal nose-
262 rump length ($r=0.46$, $P=0.036$)(data not presented).

263

264

265 **DISCUSSION**

266 The key finding of this study was the significant effect of IUGR on PR isoform
267 expression in the late gestation fetal brain, whereby IUGR increased expression
268 of both PRA and PRB. This increase in PR expression coincided with
269 decreased myelination in the hippocampal CA1 region of IUGR fetuses.
270 Additionally, the potentially functionally relevant, basal PRA:B was found to
271 differ between sexes and this difference was abolished by IUGR.

272

273 Induction of growth restriction by placental insufficiency is a common
274 intervention in animal studies and the observed effects of decreased body
275 weight with brain sparing is similar to the asymmetrical growth pattern often
276 seen in human pregnancies affected by intrauterine growth restriction. These
277 findings suggest perturbation in fetal growth affects PR isoform expression in
278 the late gestation brain. We identified increased PR expression and decreased
279 MBP expression in the fetal brain following IUGR, however whilst we found a
280 positive correlation between body weight (and length) with hippocampal MBP
281 expression, we did not find a significant correlation between MBP and PR
282 expression in the regions studied. This suggests that the decrease in MBP
283 specific myelination in the fetal brain due to poor in utero growth may be PR
284 independent. As progesterone, via its receptors, has previously been shown to
285 have a functional role in myelination (18, 19, 21) and the current finding that PR
286 expression increased in IUGR fetal brains, we speculate that this increase in PR
287 expression in the brain following in utero stress may be a mechanism in which
288 to attempt to increase transcriptional activity of myelination-associated target

289 genes. This may represent an effort to protect the brain although the
290 mechanisms involved remain to be elucidated.

291

292 Whilst both PRA and PRB increased with IUGR, the increase in PRA
293 expression with IUGR was more evident in the male brain, whilst increased
294 PRB expression following IUGR appeared more evident in the female brain.

295 This was reflected by the observed differences in the PR isoform ratio. Basal
296 PRA:B ratios were significantly higher in female brains than male, whilst there

297 was no difference in the ratio following IUGR due to low ratios seen in both
298 males and females. In tissues such as the myometrium, the PRA:B ratio is

299 suggested to play an important functional role at labour. The usefulness of the
300 PR isoform ratio in determining functional role of each progesterone receptor

301 isoform remains controversial. Despite some support in the in vitro literature,
302 there is little evidence in vivo for PRA inhibiting the transcriptional activity of

303 PRB (41, 42). Secondly, it has been suggested that each isoform regulates
304 individual sets of target genes with very few overlapping (43). In vivo studies in

305 null mutant mice have suggested that the two isoforms work cooperatively to
306 mediate progesterone-dependent gene expression and complex physiological

307 responses or activities, such as in lordosis and that PRA appears to be the
308 more transcriptionally dominant isoform in reproductive behaviour (42). In the

309 current study, no significant sex specific differences were apparent in fetal
310 guinea pig PRA or B expression. However, PRA:B revealed sex specific

311 differences with greater PRA:B in females than males. Sex differences were
312 considered in this study as infants male infants born preterm or with morbidities

313 requiring NICU stays are twice more likely to die than female infants. This
314 suggests some sexual dimorphism in their adaptation to adverse conditions.

315 Whilst the respective functions of PRA and PRB remain to be fully elucidated in
316 the nervous system, and the potential functional relevance of their ratio in the
317 brain is unknown, this study demonstrates sexually dimorphic expression whose
318 function may be of key importance.

319

320 This study aimed to investigate the effect of in utero growth restriction on the
321 expression of PR isoforms in the brain of the late gestation guinea pig fetus. As
322 progesterone readily passes through the blood brain barrier, fetuses are
323 exposed to high levels in utero, despite considerable metabolism by the
324 placenta. Due to high placental progesterone production throughout gestation,
325 the fetal brain is exposed to levels higher than those needed to saturate PR
326 (32). This suggests that changes in PR expression will have a major role in
327 progesterone action regardless of any sequestration or local synthesis in the
328 brain itself.

329

330 The hippocampal region, specifically the CA1, is known to be especially
331 sensitive to changes in oxygen delivery (36, 44-46) as may occur with placental
332 insufficiency. Our finding of reduced MBP expression in the hippocampus and
333 a positive relationship between fetal growth and MBP expression in the CA1
334 region indicates a deficiency in myelination following IUGR which may be due to
335 an inhibition or delay in MBP synthesis or increased degradation of MBP.
336 Previous studies have also reported decreased myelination in these areas
337 following IUGR in the guinea pig (22). In the guinea pig, the time of peak
338 myelination is in the last week of pregnancy (31). MBP is expressed by mature
339 oligodendrocytes and not OPCs hence the potential effect of IUGR on these
340 pre-oligodendrocytes in the current study was not defined. The examination of

341 postnatal guinea pig myelination is necessary to determine the permanency of
342 the myelin deficits induced by in utero stress.

343

344 Based on the reported role of progesterone in myelination (7-10, 18), we
345 hypothesized a positive association between PR expression and myelination, as
346 represented by MBP immunostaining, and that IUGR would result in a reduction
347 of both PR and MBP in the fetal brain. However, the current findings showed
348 that IUGR resulted in increased PR expression and reduced myelination in the
349 fetal brain. These observations therefore do not support the proposal that
350 progesterone positively regulates myelination via expression of its receptor.
351 Additionally, care must also be taken when considering the association of these
352 factors, negative or positive, as it suggests but does not demonstrate cause or
353 effect in the relationship of PR and MBP expression.

354

355 There is a large body of evidence, particularly in adult disease and trauma
356 states, supporting the therapeutic role of progesterone in oligodendrocyte
357 precursor differentiation and myelin synthesis (47, 48). Comparatively little
358 work has focused on the developing brain. Despite a number of animal studies
359 and clinical trials currently evaluating progesterone to prevent or treat preterm
360 labour, little examination and follow up of the effect of this treatment on the
361 neonatal brain has been reported (49-51). One follow up study of postnatal
362 progesterone and estrogen replacement therapy has revealed treated
363 premature infants achieved normal psychomotor development earlier than
364 untreated premature infants (52) supporting progesterones neuroprotective role
365 ex utero in a clinical setting. In light of the present results demonstrating that in
366 utero stress markedly influences brain PR isoform expression, the increased

367 exposure of the fetus to exogenous progesterone requires further evaluation.
368 The administration of progesterone to prevent preterm birth and potential
369 treatment of preterm infants with progesterone requires the consideration of the
370 implications on neural development and myelination. Importantly, the influence
371 of these treatments may be different following IUGR pregnancies and therefore
372 the potential effects of such treatments on CNS development require careful
373 consideration.

374

375

376

377

378 **REFERENCES**

- 379 **1.** Bryan SM and Hindmarsh PC: Normal and Abnormal Fetal Growth. *Horm*
380 *Res* 2006; 65: 19-27.
- 381 **2.** Bernstein IM, Horbar JD, Badger GJ, Ohlsson A, and Golan A: Morbidity and
382 mortality among very-low-birth-weight neonates with intrauterine growth
383 restriction. *Am J Obstet Gynecol* 2000; 182: 198-206.
- 384 **3.** Zubrick SR, Kurinczuk JJ, McDermott BMC, McKelvey RS, Silburn SR, and
385 Davies LC: Fetal growth and subsequent mental health problems in children
386 aged 4 to 13 years. *Developmental Medicine & Child Neurology* 2000; 42: 14-
387 20.
- 388 **4.** Strauss RS: Adult functional outcome of those born small for gestational
389 age: twenty-six year follow-up of the 1970 british birth cohort. *JAMA* 2000; 283:
390 625-632.
- 391 **5.** Low JA, Handley-Derry MH, Burke SO, Peters RD, Pater EA, Killen HL, and
392 Derrick EJ: Association of intrauterine fetal growth retardation and learning
393 deficits at age 9 to 11 years. *Am J Obstet Gynecol* 1992; 167: 1499-1505.
- 394 **6.** Bridges RS: A Quantitative Analysis of the Roles of Dosage, Sequence, and
395 Duration of Estradiol and Progesterone Exposure in the Regulation of Maternal
396 Behavior in the Rat. *Endocrinology* 1984; 114: 930-940.
- 397 **7.** O'Connor CA, Cemak I, Johnson F, and Vink R: Effects of progesterone on
398 neurologic and morphologic outcome following diffuse traumatic brain injury in
399 rats. *Exp Neurol* 2007; 205: 145-153.
- 400 **8.** Sayeed I, Wali B, and Stein DG: Progesterone inhibits ischemic brain injury
401 in a rat model of permanent middle cerebral artery occlusion. *Restorative*
402 *Neurol and Neurosci* 2007; 25: 151-159.
- 403 **9.** Schumacher M, Sitruk-Ware R, and De Nicola AF: Progesterone and
404 progestins: neuroprotection and myelin repair. *Current Opinion in Pharmacology*
405 2008; 8: 740-746.
- 406 **10.** Gonzalez Deniselle MC, Garay L, Gonzalez S, Saravia F, Labombarda F,
407 Guennoun R, Schumacher M, and De Nicola AF: Progesterone modulates
408 brain-derived neurotrophic factor and choline acetyltransferase in degenerating
409 Wobbler motoneurons. *Exp Neurol* 2007; 203: 406-414.
- 410 **11.** Frye CA and Walf AA: Progesterone enhances learning and memory of
411 aged wildtype and progestin receptor knockout mice. *Neuroscience Letters*
412 2010; 472: 38-42.

- 413 **12.** Djebaili M, Guo Q, Pettus EH, Hoffman SW, and Stein DG: The
414 neurosteroids progesterone and allopregnanolone reduce cell death, gliosis and
415 functional deficits after traumatic brain injury in rats. *J Neurotrauma* 2005; 22:
416 106-118.
- 417 **13.** Yawno T, Yan EB, Walker DW, and Hirst JJ: Inhibition of neurosteroid
418 synthesis increases asphyxia-induced brain injury in the late gestation fetal
419 sheep. *Neuroscience* 2007; 146: 1726-1733.
- 420 **14.** McKendry AA, Palliser HK, Yates DM, Walker DW, and Hirst JJ: The Effect
421 of Betamethasone Treatment on Neuroactive Steroid Synthesis in a Foetal
422 Guinea Pig Model of Growth Restriction. *J Neuroendocrinol* 2010; 22: 166-174.
- 423 **15.** Kelleher MA, Palliser HK, Walker DW, and Hirst JJ: Sex-dependent effect
424 of a low neurosteroid environment and intrauterine growth restriction on fetal
425 guinea pig brain development. *J Endocrinol* 2011; 208: 1-9.
- 426 **16.** Schumacher M, Guennoun R, Stein DG, and De Nicola AF: Progesterone:
427 Therapeutic opportunities for neuroprotection and myelin repair. *Pharmacology
428 & Therapeutics* 2007; 116: 77-106.
- 429 **17.** Brinton RD, Thompson RF, Foy MR, Baudry M, Wang J, Finch CE, Morgan
430 TE, Pike CJ, Mack WJ, Stanczyk FZ, and Nilsen J: Progesterone receptors:
431 Form and function in brain. *Frontiers in Neuroendocrinology* 2008; 29: 313-339.
- 432 **18.** Schumacher M, Guennoun R, Robert F, Carelli C, Gago N, Ghoumari A,
433 Gonzalez Deniselle MC, Gonzalez SL, Ibanez C, Labombarda F, Coirini H,
434 Baulieu EE, and De Nicola AF: Local synthesis and dual actions of
435 progesterone in the nervous system: neuroprotection and myelination. *Growth
436 Hormone & Igf Research* 2004; 14: S18-33.
- 437 **19.** Ghoumari AM, Baulieu EE, and Schumacher M: Progesterone increases
438 oligodendroglial cell proliferation in rat cerebellar slice cultures. *Neuroscience*
439 2005; 135: 47-58.
- 440 **20.** Swamydas M, Bessert D, and Skoff R: Sexual dimorphism of
441 oligodendrocytes is mediated by differential regulation of signaling pathways. *J
442 Neurosci Res* 2008; 15 December 2008, Epub ahead of print.
- 443 **21.** Ghoumari AM, Ibanez C, El-Etr M, Leclerc P, Eychenne B, O'Malley BW,
444 Baulieu EE, and Schumacher M: Progesterone and its metabolites increase
445 myelin basic protein expression in organotypic slice cultures of rat cerebellum. *J
446 Neurochem* 2003; 86: 848-859.
- 447 **22.** Nitsos I and Rees S: The effects of intrauterine growth retardation on the
448 development of neuroglia in fetal guinea pigs. An immunohistochemical and
449 ultrastructural study. *Int J Dev Neurosci* 1990; 8: 233-244.

- 450 **23.** Olivier P, Baud O, Evrard P, Gressens P, and Verney C: Prenatal ischemia
451 and white matter damage in rats. *J Neuropathol Exp Neurol* 2005; 64: 998-
452 1006.
- 453 **24.** Kastner P, Krust A, Turcotte B, Stropp U, Tora L, Gronemeyer H, and
454 Chambon P: Two distinct estrogen-regulated promoters generate transcripts
455 encoding the two functionally different human progesterone receptor forms A
456 and B. *The EMBO Journal* 1990; 9: 1603-1614.
- 457 **25.** Vegeto E, Shahbaz MM, Wen DX, Goldman ME, O'Malley BW, and
458 McDonnell DP: Human progesterone receptor A form is a cell- and promoter-
459 specific repressor of human progesterone receptor B function. *Mol Endocrinol*
460 1993; 7: 1244-1255.
- 461 **26.** Camacho-Arroyo I, Guerra-Araiza C, and Cerbon MA: Progesterone
462 receptor isoforms are differentially regulated by sex steroids in the rat forebrain.
463 *Neuroreport* 1998; 9: 3993-3996.
- 464 **27.** Guerra-Araiza C, Coyoy-Salgado A, and Camacho-Arroyo I: Sex
465 differences in the regulation of progesterone receptor isoforms expression in the
466 rat brain. *Brain Research Bulletin* 2002; 59: 105-109.
- 467 **28.** Camacho-Arroyo I, González-Arenas A, González-Agüero G, Guerra-
468 Araiza C, and González-Morán G: Changes in the content of progesterone
469 receptor isoforms and estrogen receptor alpha in the chick brain during
470 embryonic development. *Comparative Biochemistry and Physiology - Part A:
471 Molecular & Integrative Physiology* 2003; 136: 447-452.
- 472 **29.** Guerra-Araiza C, Villamar-Cruz O, González-Arenas A, Chavira R, and
473 Camacho-Arroyo I: Changes in Progesterone Receptor Isoforms Content in the
474 Rat Brain During the Oestrous Cycle and After Oestradiol and Progesterone
475 Treatments. *J Neuroendocrinol* 2003; 15: 984-990.
- 476 **30.** Quadros PS, Pfau JL, and Wagner CK: Distribution of progesterone
477 receptor immunoreactivity in the fetal and neonatal rat forebrain. *The Journal of
478 Comparative Neurology* 2007; 504: 42-56.
- 479 **31.** Dobbing J and Sands J: Growth and development of the brain and spinal
480 cord of the guinea pig. *Brain Research* 1970; 17: 115-123.
- 481 **32.** Illingworth DV, Challis JRG, Ackland N, Burton AM, Heap RB, and Perry
482 JS: Parturition in the guinea pig; plasma levels of steroid hormones, steroid-
483 binding proteins, and oxytocin, and the effect of corticosteroids, prostaglandins
484 and adrenocorticotrophin. *J Endocrinol* 1974; 63: 557-570.
- 485 **33.** Lafeber HN, Rolph TP, and Jones CT: Studies on the growth of the fetal
486 guinea pig. The effects of ligation of the uterine artery on organ growth and
487 development. *J Dev Physiol* 1984; 6: 441-459.

- 488 **34.** Turner AJ and Trudinger BJ: A Modification of the Uterine Artery Restriction
489 Technique in the Guinea Pig Fetus Produces Asymmetrical Ultrasound Growth.
490 Placenta 2009; 30: 236-240.
- 491 **35.** Jones CT and Parer JT: The effect of alterations in placental blood flow on
492 the growth of and nutrient supply to the fetal guinea-pig. J Physiol 1983; 343:
493 525-537.
- 494 **36.** Jensen A, Klonne HJ, Detmer A, and Carter AM: Catecholamine and
495 serotonin concentrations in fetal guinea-pig brain: relation to regional cerebral
496 blood flow and oxygen deliver in the growth-restricted fetus. Reprod Fert & Dev
497 1996; 8: 355-364.
- 498 **37.** Inder TE and Volpe JJ: Mechanisms of perinatal brain injury. Semin Neonat
499 2000; 5: 3-16.
- 500 **38.** Skoff RP, Bessert DA, Barks JDE, Song D, Cerghet M, and Silverstein FS:
501 Hypoxic-ischemic injury results in acute disruption of myelin gene expression
502 and death of oligodendroglial precursors in neonatal mice. Int J Dev Neurosci
503 2001; 19: 197-208.
- 504 **39.** Volpe JJ: Neurobiology of periventricular leukomalacia in the premature
505 infant. Pediatric Research 2001; 50: 553-562.
- 506 **40.** Back SA, Han BH, Luo NL, Chricton CA, Xanthoudakis S, Tam J, Arvin KL,
507 and Holtzman DM: Selective vulnerability of late oligodendrocyte progenitors to
508 hypoxia-ischemia. J Neurosci 2002; 22: 455-463.
- 509 **41.** Tung L, Mohamed MK, Hoeffler JP, Takimoto GS, and Horwitz KB:
510 Antagonist-occupied human progesterone B-receptors activate transcription
511 without binding to progesterone response elements and are dominantly
512 inhibited by A-receptors. Mol Endocrinol 1993; 7: 1256-1265.
- 513 **42.** Mani SK, Reyna AM, Chen JZ, Mulac-Jericevic B, and Conneely OM:
514 Differential Response of Progesterone Receptor Isoforms in Hormone-
515 Dependent and -Independent Facilitation of Female Sexual Receptivity. Mol
516 Endocrinol 2006; 20: 1322-1332.
- 517 **43.** Richer JK, Jacobsen BM, Manning NG, Abel MG, Wolf DM, and Horwitz
518 KB: Differential Gene Regulation by the Two Progesterone Receptor Isoforms in
519 Human Breast Cancer Cells. J Biol Chem 2002; 277: 5209-5218.
- 520 **44.** Mallard EC, Rehn A, Rees S, Tolcos M, and Copolov D: Ventriculomegaly
521 and reduced hippocampal volume following intrauterine growth-restriction:
522 implication for the aetiology of schizophrenia. Schizophrenia Research 1999;
523 40: 11-21.

- 524 **45.** Mallard C, Loeliger M, Copolov D, and Rees S: Reduced number of
525 neurons in the hippocampus and the cerebellum in the postnatal guinea-pig
526 following intrauterine growth-restriction. *Neuroscience* 2000; 100: 327-333.
- 527 **46.** Dieni S and Rees S: Dendritic morphology is altered in hippocampal
528 neurons following prenatal compromise. *J Neurobiol* 2003; 55: 41-52.
- 529 **47.** Wright DW, Kellermann AL, Hertzberg VS, Clark PL, Frankel M, Goldstein
530 FC, Salomone JP, Dent LL, Harris OA, Ander DS, Lowery DW, Patel MM,
531 Denson DD, Gordon AB, Wald MM, Gupta S, Hoffman SW, and Stein DG:
532 ProTECT: A Randomized Clinical Trial of Progesterone for Acute Traumatic
533 Brain Injury. *Annals of Emergency Medicine* 2007; 49: 391-402.e392.
- 534 **48.** Xiao G, Wei J, Yan W, Wang W, and Lu Z: Improved outcomes from the
535 administration of progesterone for patients with acute severe traumatic brain
536 injury: a randomized controlled trial. *Critical Care* 2008; 12: R61.
- 537 **49.** Meis PJ, Klebanoff M, Thom E, Dombrowski MP, Sibai B, Moawad AH,
538 Spong CY, Hauth JC, Miodovnik M, Varner MW, Leveno KJ, Caritis SN, Iams
539 JD, Wapner RJ, Conway D, O'Sullivan MJ, Carpenter M, Mercer B, Ramin SM,
540 Thorp JM, Peaceman AM, Gabbe S, and National Institute of Child Health and
541 Human Development Maternal-Fetal Medicine Units N: Prevention of recurrent
542 preterm delivery by 17 alpha-hydroxyprogesterone caproate. *N Engl J Med*
543 2003; 348: 2379-2385.
- 544 **50.** Ness A, Dias T, Damus K, Burd I, and Berghella V: Impact of the recent
545 randomized trials on the use of progesterone to prevent preterm birth: a 2005
546 follow-up survey. *Am J Obstet Gynecol* 2006; 195: 1174-1179.
- 547 **51.** Dodd JM, Flenady VJ, Cincotta R, and Crowther CA: Progesterone for the
548 prevention of preterm birth: a systematic review. *Obstet Gynecol* 2008; 112:
549 127-134.
- 550 **52.** Trotter A, Bokelmann B, Sorgo W, Bechinger-Kornhuber D, Heinemann H,
551 Schmucker G, Oesterle M, Kohntop B, Brisch K-H, and Pohlandt F: Follow-Up
552 Examination at the Age of 15 Months of Extremely Preterm Infants after
553 Postnatal Estradiol and Progesterone Replacement. *J Clin Endocrinol Metab*
554 2001; 86: 601-603.
555
556

558 **FIGURE LEGENDS**

559

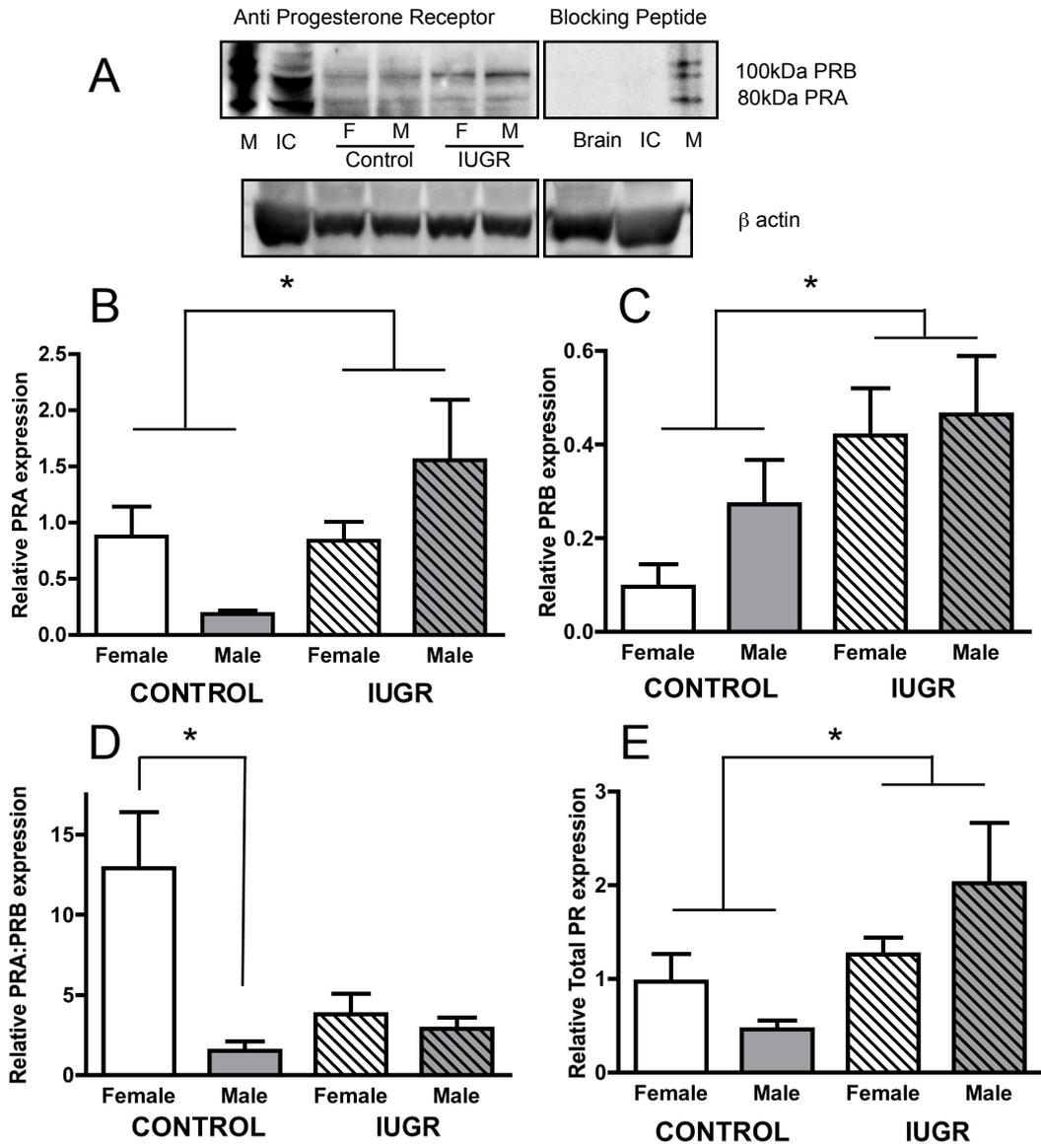
560 Figure 1. Representative western blot (A) demonstrating expression of progesterone
561 receptor isoforms PRA (80kDa) and PRB (100kDa) in the late gestation female (F) and
562 male (M), control and IUGR guinea pig brain in the upper left hand panel. A pooled brain
563 sample and the internal control (IC, adult myometrium) are shown in the presence of the
564 blocking peptide in the upper right hand panel and corresponding B-actin loading control
565 in the bottom panel. The expression of progesterone receptor isoform A (B), isoform B (C)
566 the progesterone receptor ratio (PRA:B) (D) and total progesterone receptor expression
567 (E) in female (white), male (grey), control (open bar) and IUGR (lined bar) late gestation
568 guinea pig brain (region containing hippocampus and cortex). PRA:B is calculated on an
569 individual animal basis. M = molecular weight marker, myo = myometrium. Data
570 presented as mean \pm SEM with * $P < 0.05$.

571

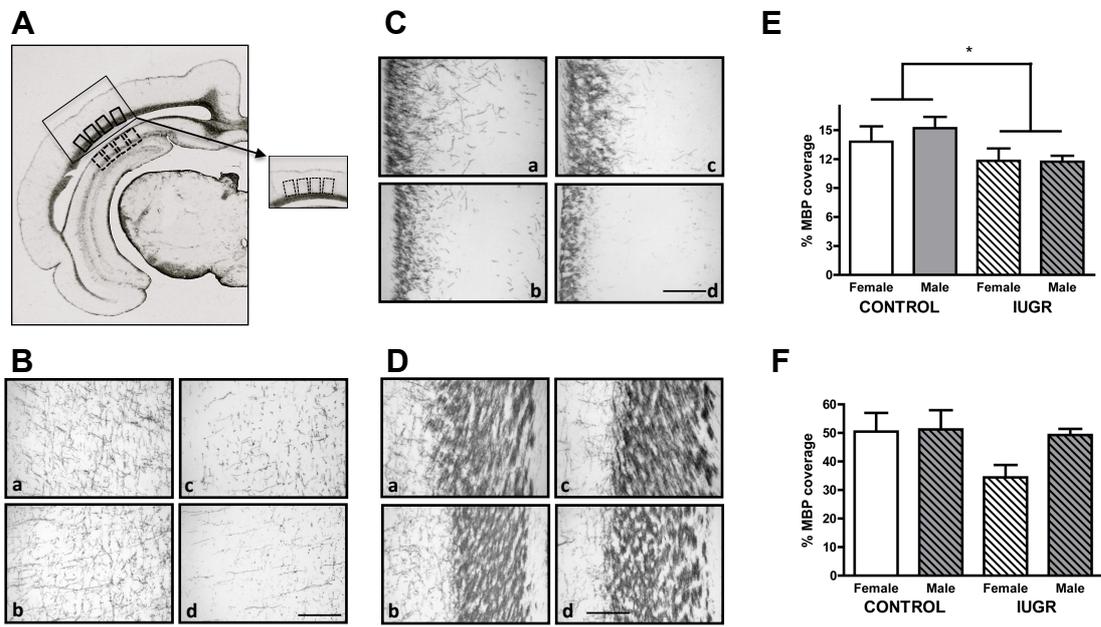
572

573 Figure 2. Representative photomicrograph demonstrating site of cortical and hippocampal
574 MBP analyses (A) and representative images of the organisation of axons staining for
575 MPB in the subcortical white matter (A, represented in the outset dashed boxes, and B)
576 MBP expression in the hippocampal CA1 (A, region represented in dashed boxes and C)
577 and subcortical white matter (A, region represented in solid boxes, and D) in control
578 female (a), IUGR female (b), control male (c) and IUGR male (d) late gestation fetal guinea
579 pig brains. MBP expression (represented as percentage area coverage) in the CA1 (E)
580 and subcortical white matter (F) of female (white bar), male (grey bar), control (open bar)
581 and IUGR (lined bar) late gestation fetal guinea pigs. Scale bar = 0.1mm. A = 2.5x
582 magnification, B, C and D = 40x magnification. Data presented as mean \pm SEM with *
583 $P < 0.05$.

584



585
586 Figure 1



587
 588 Figure 2
 589